



Breaking the cycle of domestic violence and homelessness



4927 8529
jennysplace.org



Leaving a violent relationship

Jenny's Place supports women in developing safety plans to minimise risk when leaving a violent relationship. If you or someone you know is planning to leave a violent relationship, contact our support team at the Newcastle Domestic Violence Resource Centre (02 4927 8529) to discuss your needs, access support services and establish a safety plan.

Things to consider

- Who can you call if you or someone you know is in danger? Keep their contact numbers with you always.
- Where can you go in an emergency?
- Keep some money hidden for a taxi or a bus
- Keep your own house and car keys
- Keep any identification and other important documents in a safe place that's easy to access
- Have a list of emergency contact numbers

Helpful services

Link2home 24 hour crisis accommodation assistance	1800 152 152
Domestic Violence Helpline 24 hour assistance and referral	1800 656 463
Jenny's Place Domestic Violence Resource Centre	02 4929 6289
1800Respect	1800 737 732
Newcastle Legal Aid	02 4929 5482
Hunter Community Legal Centre	02 4040 9120
Newcastle Domestic Violence Court Advocacy Service	02 4940 8766
Staying Home Leaving Violence	02 4926 3577
Lifeline	13 11 14

How you can help

Jenny's Place is partially funded by the Department For Community and Justice, however, we do need additional financial support to deliver a full and effective scope of services to women and children experiencing domestic and family violence and homelessness.

If you would like to support our work, please visit jennysplace.org to make a tax-deductible donation.

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I thought I really loved my first boyfriend and at the time I believed we would stay together forever. He seemed really protective of me and didn't want me to go anywhere without him. But after a while he started to make really serious threats when he was upset with me. I stopped going out with most of my friends. But my best friend noticed how much I had changed and persuaded me to talk about it - that's when I realised I had to leave him.

Oh - and by the way - my new boyfriend is a really great person - he respects me and is happy for me to see my own friends. I feel like "me" again!

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This example is based on a compilation of experiences reported by women who have left abusive relationships.



Jenny's Place **45** Celebrating years of service



Jenny's Place has supported women and children impacted by domestic and family violence and homelessness since 1977.

The service has operated in Newcastle since that time, supporting women and children throughout the Hunter and Lake Macquarie region to find safety and a pathway to positive, fulfilling futures.



What is Domestic Violence?

Domestic violence takes many forms, it may be physical, sexual, emotional and coercive or a combination of these offences. Some examples of domestic violence include:

- Physical assault
- Pushing and shoving
- Sexual assault
- Constant verbal abuse
- Threats or intimidation
- Being denied access to family, friends and/or money
- Constant criticism and humiliation
- Damaging property
- Use of mobile phones or electronic media to harass, humiliate or intimidate

How we can help

Our client facing team provide assistance through a range of programs including:

- Early intervention and prevention services
- Short-term crisis accommodation
- Medium term transitional housing
- Community based outreach services
- Post crisis support
- Tenancy support and referral
- Emergency food and personal provisions
- Community and legal referral
- Support making police statements and court appearances
- Specialist child support services

Crisis accommodation and support service

Jenny's Place provides safe, supported crisis accommodation for women, with or without children, who are experiencing domestic and family violence or homelessness.

Supported Transitional Accommodation Program

Jenny's Place provides transitional housing for 3 to 12 months. Our staff will work with you to navigate issues that may be preventing you from living safely, independently and acquiring and maintaining long-term accommodation.

Outreach support services

We provide outreach support services in the community to help women and children stay safe at home, find appropriate housing and feel supported to reach their goals.

Newcastle Domestic Violence Resource Centre (NDVRC)

This centrally located service provides advocacy, referral and support to women experiencing domestic violence, or those that have identified personal concerns regarding their safety as a result of their relationship. The service is accessible to all women and children regardless of their residential status.

Connecting with the team at the NDVRC can be a meaningful first step in reaching out for information and support. The Centre is located at 2B, 796 Hunter Street, Newcastle West and is open Monday to Friday from 9am to 4:30pm. Call 02 4927 8529 to find out more and book an appointment.

The Sunshine Hut

Our Sunshine Hut is an early intervention program specially designed to support children impacted by domestic and family violence. Delivered in partnership with the University of Newcastle's School of Psychology, the Sunshine Hut provides a safe space for children to access the help they need to recover from trauma and build resilience strategies that support positive life outcomes.

This program is generously funded by the Californian Community Foundation and Newcastle Permanent Charitable Foundation.